



Do:

Keep a pleasant expression on your face (i.e. a smile, if possible).

Keep a calm, normal tone of voice.

Face in their direction.

Say, "I hear what you are saying, but I don't agree."

Say, "I respect your opinion, but I just don't have the same opinion as you."

Say, "Let's figure out a way to compromise."

Say, "Let's just agree to disagree."



Don't:

Roll your eyes.

Sigh heavily like you are bored.

Turn your back to them.

Laugh at them.

Yell at them.

Say, "Your idea is stupid."

Say, "I don't care what you think, I want to do this my way."

Say, "No way am I listening to you."

Say, "You're wrong."