

Before the Interview – Grooming Checklist

A few days	before your interview:	
Get a hair cut	t if you need it.	
Decide what	to wear:	
☐ Make su	re your clothes match.	
☐ Make su	re your clothes are clean.	
☐ Make su	re your clothes are ironed.	
Make sure th	ere are no:	
Rips		
Holes		
Stains		
Trim your na	ils.	
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The day of your interview:
Make sure you have showered or bathed within 12 hours of the interview (either the night before or morning of).
Wash your hair when you shower.
Men should shave their face.
Women should brush their hair and pull it away from
their face.
Brush your teeth.
Put on deodorant.