



Key Points - Responding to Discrimination

1. "Discrimination" means that the employer treats you unfairly because you have a disability.
2. If you think you are being treated unfairly because you have a disability, you should first tell someone who you trust.
3. This person should be someone who does not work with you.
4. Before filing a charge of discrimination, get an advocate.
5. An advocate is someone who has been trained to support you and can help you get your message across most clearly and accurately.