JobTIPS



Key Points - Should You Disclose?

Here's when to tell your supervisor about your diagnosis:

If you have social difficulties that are obvious and may interfere with you getting a job.

If you have social difficulties that are obvious and interfere with keeping a job.

If the symptoms of your diagnosis interfere your ability to complete your work accurately.

If you would need reasonable accommodations in order to perform your job duties.

Here's when NOT to tell your supervisor about your diagnosis:

If you are certain that your differences are not noticeable to others and will not interfere with your job performance or interviewing skills.

If you are uncomfortable with others knowing about your disability.

If you are uncomfortable telling others, but you are having trouble getting or keeping a job, you may want to consider telling your supervisor, but not your co-workers.