

My Story about "Accepting Feedback"

Almost everyone has a supervisor in their job. A supervisor is in charge of certain employees. A supervisor's job is to make sure that all of their employees are doing their job accurately, safely, and efficiently. Supervisors also make sure that employees follow the rules at work. If a supervisor does not do these things, then they could get in trouble with their boss.

It is my supervisor's job to give feedback—positive and negative. Sometimes, my supervisor tells me that I have done a good job. At times, my supervisor tells me to correct my mistakes. This makes me feel frustrated, and I don't like it when I make mistakes. Everyone makes mistakes at work sometimes. When my supervisor gives me negative feedback, I need to try to stay calm, take a deep breath, and tell my supervisor that I will correct the mistake right away. I will always try to accept feedback in a calm and respectful manner because I want to keep my job. It is important for me to keep my job.



My Story about "Selecting Appropriate Topics of Conversation"

When I am at work, there are times where I enjoy talking to my co-workers. I usually chat with them during breaks, at lunch, and outside after work. When people have social conversations, they like to talk about a variety of topics. At work, many people like to chat about things like the weather, their weekend plans, events in the news, sporting events, and popular music, movies, and television shows.

When I talk to people, I usually want to talk about my special interests. However, I need to try to remember that not everyone wants to talk about the same things as I do. People might feel bored or irritated if I talk about my interests too much.



When I am talking to my co-workers, I should try to ask them questions about the things that they are interested in. My co-workers will appreciate it if I show interest in them. This will probably improve my relationships at work. When I have good relationships at work, I will probably enjoy my job even more.

My Story about "Asking for Help"

I want to do my job correctly, and feel proud of myself when I do a good job. Most of the time, I know exactly what I am supposed to do in my job. Sometimes, I am not sure how to complete a certain task. When I am not sure how to complete a certain task, I should always try to ask for help.

To get help at work, here's what I should try to do: Write my question down, go and ask someone, or call a supervisor. I might ask a co-worker if I think that they can help me. I can also ask a supervisor if I want to be sure I get the right answer. If I don't ask for help, I might not do my job correctly. Everyone needs help sometimes. It is okay to ask for help. When I ask for help, I can do my job correctly.

