



Your Legal Rights - Other Accommodations

Other accommodations that may help an individual with a disability such as autism include:

1. Use of visual schedules and/or to do lists
2. Written instructions in addition to or instead of spoken instructions
3. A quiet work area
4. A quiet break area
5. Use of a timer
6. Use of headphones to block out background noise
7. Use of sunglasses to minimize light sensitivity
8. Advanced notice on meeting topics
9. Advanced notice on schedule or routine changes
10. Communicating through email when appropriate rather than face-to-face meetings
11. Breaking down complex tasks into smaller, more manageable parts
12. Visual reminders of workplace rules
13. Bringing an advocate or job coach to performance reviews and job trainings
14. Visual organizational systems or left to right work systems (e.g. clearly labeled "to do" and "done" bins, folders, or boxes)
15. Low or high tech augmentative communication systems
16. More frequent breaks
17. Training videos and modeling to demonstrate appropriate work and social behaviors
18. Tasks listed from high to lower priority