

**Do:**

- ✓ Keep a pleasant expression on your face (i.e. a smile, if possible).
- ✓ Keep a calm, normal tone of voice.
- ✓ Face in their direction.
- ✓ Say, "I hear what you are saying, but I don't agree."
- ✓ Say, "I respect your opinion, but I just don't have the same opinion as you."
- ✓ Say, "Let's figure out a way to compromise."
- ✓ Say, "Let's just agree to disagree."

**Don't:**

- ✗ Roll your eyes.
- ✗ Sigh heavily like you are bored.
- ✗ Turn your back to them.
- ✗ Laugh at them.
- ✗ Yell at them.
- ✗ Say, "Your idea is stupid."
- ✗ Say, "I don't care what you think, I want to do this my way."
- ✗ Say, "No way am I listening to you."
- ✗ Say, "You're wrong."