



## Only post appropriate pictures.

## This means:

No nudity or revealing clothing.

No sexually provocative pictures (sexy poses).

No drugs or other illegal activities.

No alcohol.

No pictures making fun of race, ethnicity, sexual orientation.

This means no posting pictures of YOU doing these activities as well as OTHERS doing these activities.

Once you post something on the internet, it can remain there forever. So, think before you post pictures.

## Before you post a picture, ask yourself these questions:

Would this picture make anyone mad or uncomfortable?

Are you okay if anyone sees this picture (i.e. your parent, boss, strangers, etc...)?

Do not post your home address or phone number. This can be unsafe. You do not know who is looking at your information and you don't want to give away personal information. Posting an email address is fine.

Set privacy settings on your webpage. Certain sites, such as Facebook and Twitter, have privacy settings that only allow your "friends" to see your webpage. This is a very good idea because it gives you control over who is viewing your information. However, these settings are not perfect. There are still ways other people can view your page, so you want to make sure it is suitable for all viewers, even when using privacy settings.

## Things that are OK to post to your profile:

Your email address

Your birthday (but perhaps not the year)

Your gender

Your hometown and current city

Your school

Your occupation

Whether you are in a relationship

"Safe" pictures (no nudity, illegal activities, drinking alcohol, etc.)

Interests, hobbies, activities

Favorite books, movies, television shows, and music

Online pages that you like or are affiliated with

<sup>\*</sup> You do NOT have to include all of this information about yourself. It is up to you what you would like to post, and many people do not include all of these things on their profile page. The less information you give about yourself on the internet, the safer it is.