

Practice, practice, practice!

Almost everyone feels nervous when they have a job interview. It is normal to feel anxious and scared sometimes. If I get prepared ahead of time, I will probably feel less nervous about interviewing. I can write down what I will say and then rehearse my answers out loud, like an actor does. The more I practice answering questions, the more comfortable I will feel when it is time for the real thing!

During the interview, I will probably have to answer questions about my work experiences, education, and maybe even my personality. Sometimes, I might not understand a question. This could make me feel confused or frustrated.

When I don't understand a question, I should take a breath



and then calmly ask the interviewer to repeat or rephrase the question.

When I understand the question, then I can give a good answer that the interviewer might like.

